

WINES 135 – 150 cal per 6 oz serving

	GLASS	BOTTLE
Ruffino, <i>Prosecco</i> , Italy	11.00	33.00
Sofia, “Blanc de Blancs”, <i>Sparkling</i> , California	11.00	
Pommery, “Pop Brut”, <i>Champagne</i> , France	18.00	
Nicolas Feuillatte, “Brut Reserve NV”, <i>Champagne</i> , France		50.00
Kung Fu Girl, <i>Riesling</i> , Washington	12.00	36.00
Santa Cristina, <i>Pinot Grigio</i> , Venetie, Italy	12.00	36.00
Evolution 9, <i>White Blend</i> , Oregon	12.00	36.00
Peter Yealands, <i>Sauvignon Blanc</i> , Marlborough, New Zealand	13.00	39.00
Decoy, “By Duckhorn”, <i>Sauvignon Blanc</i> , Sonoma, California	14.00	42.00
Drumheller, <i>Chardonnay</i> , Columbia Valley, Washington	12.00	36.00
Sonoma Cutrer, “Russian River Ranches”, <i>Chardonnay</i> , California	15.00	45.00
Daou, <i>Chardonnay</i> , Paso Robles, California	14.00	42.00
Blindfold, <i>White Blend</i> , California		40.00
Cakebread, <i>Chardonnay</i> , Napa Valley, California		70.00
Pink Flamingo, <i>Rosé</i> , France	11.00	33.00
Fleurs de Prairie, <i>Rosé</i> , Provence, France	13.00	39.00
Erath, “Resplendent”, <i>Pinot Noir</i> , Oregon	14.00	42.00
Imagery, <i>Pinot Noir</i> , Monterey, California	13.00	39.00
Greystone, <i>Merlot</i> , California	12.00	36.00
Trapiche, <i>Malbec</i> , Mendoza, Argentina	13.00	39.00
Josh, “Legacy”, <i>Red Blend</i> , California	13.00	39.00
Hess, “Lion Tamer”, <i>Red Blend</i> , Napa Valley, California		75.00
Intrinsic, <i>Red Blend</i> , Columbia Valley, Washington		45.00
Drumheller, <i>Cabernet Sauvignon</i> , Columbia Valley, Washington	12.00	36.00
Hess, “Shirtail Ranches”, <i>Cabernet Sauvignon</i> , California	14.00	42.00
Daou, <i>Cabernet Sauvignon</i> , Paso Robles, California	18.00	54.00
Trefethen, <i>Cabernet Sauvignon</i> , Napa Valley, California		95.00

BEERS 60 – 250 cal per 12 oz serving

Abita Light Lager, Louisiana	5.25
Scrimshaw Pilsner, Fort Bragg, California	5.25
Allagash White Wheat, Portland, Maine	8.25
Le Merle Saison, Fort Bragg, California	6.75
La Fin Du Monde, Unibroue, Belgium Triple Ale	9.25
Modern Times, Black House, Coffee Stout	7.25
Stone IPA, Escondido, California	5.25
Racer 5 IPA, Healdsburg Cloverdale, California	6.25

2,000 calories a day is used for general nutrition advice, but calorie needs vary.  
Additional nutrition information available upon request